

## Test yourself in immunotherapy

**Ola G. El-Farghali**

Lecturer in Pediatrics, Ain Shams University

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### **Choose only one answer:**

1. **The cells responsible for the early phase allergic reaction after allergen challenge is (are):**
  - a) Mast cells
  - b) Basophils
  - c) Neutrophils
  - d) a and b
  - e) a and c
2. **Allergen-specific immunotherapy is most effective specifically against:**
  - a) Food allergens
  - b) Contact allergens
  - c) Inhalant allergens
  - d) Insect bites
  - e) All of the above
3. **In cases with seasonal allergies, SIT should be started:**
  - a) At the beginning of the season
  - b) 2-4 weeks before the season
  - c) 2-4 months before the season
  - d) 6-12 months before the season
  - e) At any time even within the season
4. **Cluster immunotherapy involves:**
  - a) Monthly one S.C injection
  - b) Visit every 2-4 weeks with one S.C injection per treatment day
  - c) Visit every 6-8 weeks with multiple S.C injections per treatment day
  - d) Weekly visits with one S.C injection per treatment day
  - e) Weekly visits with multiple S.C injections per treatment day
5. **Rush immunotherapy is most suitable for patients with:**
  - a) Venom allergy
  - b) Inhalant allergy
  - c) Food allergy
  - d) a and b
  - e) b and c
6. **All the statements about treatment of SIT side effects are true except:**
  - a) An antihistamine can be administered a few hours before each injection
  - b) IM Adrenaline is more effective when administered late in an evolving systemic reaction
  - c) Local reactions may be left untreated
  - d) IV hydrocortisone and/or antihistamine can be administered in cases with moderate asthma, urticaria or angioedema.
  - e) Inhaled bronchodilators can be used in cases who mild develop asthma
7. **Dosage reduction according to standard guidelines should be performed in all of the following conditions except:**
  - a) Previous systemic reaction
  - b) Previous large local reaction
  - c) Increased allergen exposure
  - d) Extended interval from last injection
  - e) Shorter time passed after previous visit

(Answers on page 122)